



Name: \_\_\_\_\_  
Last, First, Middle Initial

## SC School Nursing Skills & Knowledge Self-Assessment (RN)

Use this form to assess your experience, knowledge and skills in areas that are important to school nursing practice. Assessment findings can be used to assist you with developing your personal professional development plan.

Rate your skill level or knowledge using the following guidelines:

- 1 – No experience / knowledge
- 2 – Limited experience / knowledge
- 3 – Proficient experience / knowledge

- 4 – Mastery experience / knowledge
- 5 – Mastery experience / knowledge and able to teach and supervise others

KNOWLEDGE					
SC Nurse Practice Act	1	2	3	4	5
Board of Nursing Advisories & Position Statements	1	2	3	4	5
School Nursing Standards of Practice	1	2	3	4	5
Normal Physical Assessment (Child & Adolescent)	1	2	3	4	5
Common Childhood Diseases	1	2	3	4	5
Childhood Immunizations	1	2	3	4	5
School Exclusion Lists	1	2	3	4	5
ADD/ADHD Management*	1	2	3	4	5
Asthma Management*	1	2	3	4	5
Cerebral Palsy Management*	1	2	3	4	5
Diabetes Management*	1	2	3	4	5
Epilepsy Management*	1	2	3	4	5
Management of Bipolar Disorder*	1	2	3	4	5
Management of Depression*	1	2	3	4	5
Management of Head Lice*	1	2	3	4	5
Sickle Cell Disease Management*	1	2	3	4	5
Substance Abuse Management*	1	2	3	4	5
Local Resources	1	2	3	4	5
Bloodborne Pathogens	1	2	3	4	5
IDEA	1	2	3	4	5
Section 504 of the Rehabilitation Act of 1973	1	2	3	4	5
Requirements for Student Self-Medication & Self-Monitoring	1	2	3	4	5
Comprehensive Health Education Act	1	2	3	4	5
Coordinated School Health Programs	1	2	3	4	5
School Health Index	1	2	3	4	5
History of School Nursing	1	2	3	4	5
Student Health & Fitness Act	1	2	3	4	5
<b>*Management includes knowledge of disease process, treatments, &amp; planning interventions.</b>					

COMMUNICATION					
Communicating Effectively When Challenged	1	2	3	4	5
Communicating with Adolescents	1	2	3	4	5
Communicating with Children	1	2	3	4	5
Disagreeing Diplomatically	1	2	3	4	5
Following a Chain of Command	1	2	3	4	5
Maintaining Confidentiality	1	2	3	4	5
Process for Verbal Orders	1	2	3	4	5
Teaching a Skill / Information to a Child	1	2	3	4	5
Teaching a Skill / Information to an Adult	1	2	3	4	5
Writing Accurate Clinical Notes	1	2	3	4	5
Writing Letters, Newsletter Articles, Health Education Materials (Correct sentence structure, grammar, and reading level)	1	2	3	4	5
	1	2	3	4	5
ASSESSMENT					
Abdominal Assessment	1	2	3	4	5
Blood Pressure Assessment	1	2	3	4	5
Circulatory Assessment	1	2	3	4	5
Hearing Assessment	1	2	3	4	5
Growth Assessment	1	2	3	4	5
Neurological Assessment	1	2	3	4	5
Oral Assessment	1	2	3	4	5
Respiratory Assessment	1	2	3	4	5
Vision Assessment	1	2	3	4	5
Vital Signs – Adults	1	2	3	4	5
Vital Signs – Children	1	2	3	4	5
Developing Written Plan of Care Based on Assessment Findings	1	2	3	4	5
Documenting Assessment Findings	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5

MEDICATION ADMINISTRATION					
Medication Assessment / Administration / Monitoring	1	2	3	4	5
5 Rights of Medications	1	2	3	4	5
Transcribing orders	1	2	3	4	5
Ear Instillations	1	2	3	4	5
Eye Instillations	1	2	3	4	5
Inhaled Medications	1	2	3	4	5
Intramuscular Injections	1	2	3	4	5
Intravenous Medications	1	2	3	4	5
Medications Via Gastric Tube	1	2	3	4	5
Nasal Medications	1	2	3	4	5
Nebulizer Treatments	1	2	3	4	5
Oral Medications	1	2	3	4	5
Rectal Medications	1	2	3	4	5
Subcutaneous Injections	1	2	3	4	5
Asthma Inhalers	1	2	3	4	5
Diazepam Rectal Gel	1	2	3	4	5
Epinephrine Auto-injectors	1	2	3	4	5
Glucagon Administration	1	2	3	4	5
Insulin Administration	1	2	3	4	5
Insulin Pens	1	2	3	4	5
Insulin Pumps	1	2	3	4	5
FIRST AID / EMERGENCY RESPONSE					
Basic Airway Management	1	2	3	4	5
CPR	1	2	3	4	5
First Aid – Anaphylaxis	1	2	3	4	5
First Aid – Bleeding	1	2	3	4	5
First Aid – Dental Injury	1	2	3	4	5
First Aid – Eye Injury	1	2	3	4	5
First Aid – Hypoglycemia	1	2	3	4	5
First Aid – Fracture	1	2	3	4	5
First Aid – Gun Shot Wound	1	2	3	4	5
First Aid – Head Injury	1	2	3	4	5
First Aid – Laceration	1	2	3	4	5
First Aid – Seizure	1	2	3	4	5
First Aid – Suicidal Ideations	1	2	3	4	5
Emergency Triage	1	2	3	4	5
Crisis Management	1	2	3	4	5
Assessment & Development of Emergency Action Plan	1	2	3	4	5
TREATMENTS / PROCEDURES					
Blood Glucose Monitoring	1	2	3	4	5
Carbohydrate Counts	1	2	3	4	5
Dressing Changes (Sterile)	1	2	3	4	5
Gastric Tube Feeding	1	2	3	4	5
Intermittent Catheterization (Clean Technique)	1	2	3	4	5
Ketone Testing	1	2	3	4	5
Positioning of Immobile Patients	1	2	3	4	5
Suctioning – Nasal	1	2	3	4	5
Suctioning – Oral	1	2	3	4	5
Suctioning – Tracheostomy	1	2	3	4	5
Tracheostomy Care	1	2	3	4	5
Vagal Nerve Stimulation (Epilepsy)	1	2	3	4	5
	1	2	3	4	5

USE & MAINTENANCE OF EQUIPMENT					
AED	1	2	3	4	5
Audiometer	1	2	3	4	5
Automated BP Cuff	1	2	3	4	5
Balance Scale	1	2	3	4	5
Digital Thermometer	1	2	3	4	5
Glucometer	1	2	3	4	5
Manual BP Cuff	1	2	3	4	5
Nebulizer	1	2	3	4	5
Ophthalmoscope	1	2	3	4	5
Oral Thermometer (Not Digital)	1	2	3	4	5
Otoscope	1	2	3	4	5
Peak Flow	1	2	3	4	5
Pulse Oximeter	1	2	3	4	5
Scoliometer	1	2	3	4	5
Stadiometer	1	2	3	4	5
Stethoscope	1	2	3	4	5
Computer	1	2	3	4	5
Copier	1	2	3	4	5
Fax	1	2	3	4	5
RESEARCH					
Literature Review Techniques	1	2	3	4	5
Research Methods	1	2	3	4	5
HELPFUL RESOURCES					
American Academy of Pediatrics (2006). Red Book: 2006 Report of the Committee on Infectious Diseases, 27 <sup>th</sup> ed., Elk Grove Village, IL, author.					
Hootman, J. (2004). Quality Nursing Interventions in the School Setting: Procedures, Models, and Guidelines. National Association of School Nurses.					
Hootman, J., Fratto, J. & Perkins, S. (2002). Responding to Student Injury & Illness. Multnomah Education Service District.					
National Association of School Nurses ( <a href="http://www.nasn.org">http://www.nasn.org</a> )					
National Association of School Nurses (2006). Delegation of Care: Overview for the Registered Nurse Practicing in a School Setting					
National Association of School Nurses & American Nurses Association (2005). School Nursing Scope & Standards of Practice					
School Health Alert (newsletter): order at <a href="http://www.schoolnurse.com">http://www.schoolnurse.com</a>					
Schwab, N. & Gelfman, M. (2001). Legal Issues in School Health Services: A Resource for School Administrators, School Attorneys, and School Nurses. Sunrise River Press, North Branch, MN					

## HELPFUL RESOURCES cont'd

Selekman, J. (2006). School Nursing: A Comprehensive Text. F. A. Davis Company, Philadelphia, PA

Silkworth, C., Arnold, M., Harrigan, J., & Zaiger, D. (2005). Individualized Healthcare Plans for the School Nurse. Sunrise River Press, North Branch, MN

South Carolina Association of School Nurses  
(<http://www.scasn.com>)

South Carolina Board of Nursing  
(<http://www.llr.state.sc.us/POL/Nursing/index.asp?file=laws.htm>)

South Carolina Department of Health & Environmental Control School Health Services website  
(<http://www.scdhec.gov/health/mch/wcs/school/index.htm>)

South Carolina Immunization Requirements  
(<http://www.scdhec.gov/health/disease/immunization/immunizations.htm>)

South Carolina School Exclusion Lists  
(<http://www.scdhec.gov/health/disease/index.htm>)

State Department of Education Healthy Schools Program  
(<http://www.ed.sc.gov/agency/offices/ace/healthyschools>)

State Department of Education Office of Exceptional Children  
(<http://www.ed.sc.gov/agency/offices/ec>)

State Department of Education Office of Safe Schools & Youth Services  
(<http://www.ed.sc.gov/agency/offices/ssys>)

State Department of Education Office of School Food Services & Nutrition  
(<http://www.ed.sc.gov/agency/offices/sfsn>)

State Department of Education Office of School-Based Health Finance – Medicaid Unit  
(<http://www.ed.sc.gov/agency/offices/medicaid>)

Signature: \_\_\_\_\_

Date: \_\_\_\_\_